

THE SMART AGE PAGE

Mudgee District U3A Inc in Wiradjuri Country

Monthly Update February 2024



Dear Mudgee District U3A Members

Welcome to Term 1.

After a very successful Enrolment Day in January, this year Mudgee District U3A has over 200 members and will be offering 30 courses. Most of those classes will be held at Kildallon Education Centre, and you will be pleased to note that the previously devastated front yard has had a facelift, thanks to Council.



Some classes have already started but the majority will commence this week. The most popular courses (Line Dancing, Balance and Bones, Watercolours and Yoga) will be somewhat crowded initially. These courses will need to occupy a few rooms at Kildallon (or in the case of Line Dancing, some people may be outside the hall) but where possible, it is important to spread out as COVID has not gone away.

In the current hot weather, the old air conditioners in the larger rooms (A3 & A5) will struggle and the pedestal fans at the back of those rooms can only do so much. Please understand that we are doing our best to encourage Council to replace the A/C units with more powerful models.

Remember that we share the Kildallon site with other groups like the Community Band and Mudgee Performing Arts. Mostly those groups meet at night so that won't concern you, but you will see music teachers, music students (ranging from tiny tots through to adults) and the parents of younger students. To cater for students waiting for lessons or those waiting for students to finish lessons, a lounge room has been set up in A7 (the room where we had our temporary tea/coffee station).

Speaking of tea/coffee, the kitchen is open to U3A members to make themselves a cuppa. There's even a coffee machine.

Another occupier of the Kildallon Education Centre is the Country University Centre (CUC), the new grey building at the front of the site. The CUC acts as a hub for people who are doing university courses externally and offers access to technology, support and a place to work without distractions. It will be operational by mid- February with the official opening scheduled for the end of March. According to the manager many of the people using the facility are working full or part time, so the heaviest usage will be after hours, avoiding parking issues, we hope.

On the matter of parking, Council is investigating the possibility of installing disabled parking bays at the back of the main building. It is also a good time to remind you that in wet weather, Council has asked that no one park on the grassed area.

I hope you have an enjoyable year (and don't forget the Seniors' Week competitions). *Heather*

Enrolment Day, 13th January 2024: Meet the Presenters



Margaret Rookledge – Weaving from Nature



Shirley Fisher – Watercolour Art



Simple Paper Folding and Christmas Decorations



Maree Barnes: Friday Night Quilting/Patchwork



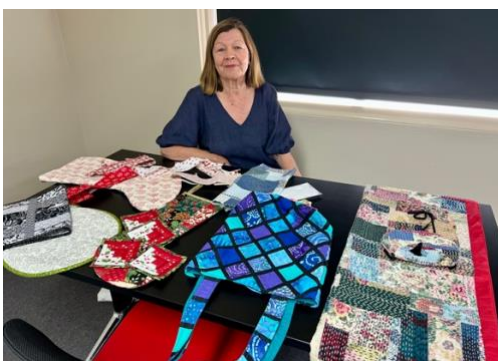
Sue Grant-Frost: Mah Jong



Loretta Prowse: Mindfulness



Kay Dickinson: Yoga



Kaisa Giles: Quilting and Handicrafts



Jen Davies: In Praise of Quiet Courage



Louise Windeyer: Short Sprint through History



Mudgee District U3A

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