

# THE SMART AGE PAGE

*Mudgee District U3A Inc in Wiradjuri Country*

*Monthly Update January 2023*



**Dear Mudgee District U3A Members**

Welcome to 2023!

I hope you have enjoyed time with family and friends over the festive season. It was certainly good to see so many of you at our End of Year Morning Tea at Oak Tree in December.

By now you should have received your Program Booklet outlining the courses that are on offer in 2023. Our program coordinators Cheryl and Barbara have put a lot of effort into creating a varied and interesting program that is a good mixture of the 'old' and the new.

Without the good will of the Presenters who share their skills and expertise there would be no courses so we sincerely thank those who have volunteered their time and energy to keeping our minds and bodies active.

Of course, to take part in these activities, you will need to enrol and that will take place this coming **Saturday, 14<sup>th</sup> January, at Kildallon (70 Court St) 9.30am - 12 noon**. Many of the Presenters will be there to answer any questions you may have about the classes that are being offered and Committee members will conduct registrations. Membership for the full year is \$30 and this can be paid by cash, cheque or Direct Deposit (bank details are on the enrolment form). If you do use Direct Deposit, please remember to put your name or phone number as the payment reference.

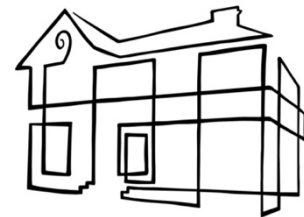
If you are unable to attend Enrolment Day, please fill in your enrolment form as soon as possible and post it to U3A 70 Court St, or if you are in the vicinity, drop it in the letterbox at the gate at Kildallon. Payment can be made by cheque or by Direct Deposit.

We encourage you to include your email address on your enrolment form. Notification of events and of changes to the program can happen so much more quickly by email.

While you are at Kildallon, take time to look at the exchange library. In the corridor. You are invited to borrow from, add to or take books and puzzles from the library as you like. Thank you to Marianne and Janet for this initiative.

2023 promises to be a productive year for Mudgee District U3A, and I hope you will be part of it.

*Heather*

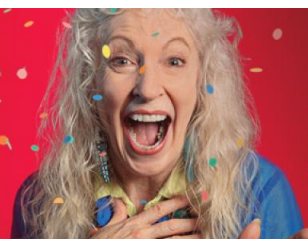


**KILDALLON**  
EDUCATION CENTRE



# NSW Senior Festival

1-27 February 2023 • Celebrate together



## 2023 Seniors Festival Competitions

Entries are invited in the following categories:

**Art, Craft, Photography, Poetry, Prose**

All entries will be displayed in an exhibition at the Mudgee Arts Precinct from 7-19 February 2023.

### KEY DATES

Friday 27 January	Entries close at 4pm. All entries must be delivered to the Carmel Croan Community Services Centre, 88 Market Street, Mudgee or posted to Seniors Week Competition, PO Box 156, Mudgee NSW 2850.
Tuesday 7 February	Exhibition opens
Sunday 19 February	Exhibition closes
Monday 20 February	Collection of works from Mudgee Arts Precinct

Prize winners will be announced during the Seniors Festival 1-27 February 2023

### PRIZES

First Prize	\$100 Mudgee Money gift card
Second Prize	\$50 Mudgee Money gift card
Third Prize	\$30 Mudgee Money gift card

Highly commended certificates will also be issued.

### TERMS AND CONDITIONS

- Entrants must be 55 years or over and live in the Mid-Western Regional Council Local Government Area
- All entries must be your own work and completed within the last 5 years
- A completed entry form must accompany all entries
- Entries are limited to 5 per person in each category
- Entrants may enter all categories but only one prize can be won in each category
- Entries should be delivered ready to display/hang in exhibition and images of works may be used for promotional purposes
- Council will take care with all entries, but cannot accept any responsibility for damage or loss that may occur
- The judges' decision is final
- **Poetry – up to 50 lines on any theme**
- **Prose – 1000 word limit, short story or memoir**
- All entries must be in English, typed or neatly handwritten on one side of paper (submit copies only)
- Works must be previously unpublished

[nsw.gov.au/seniors-festival](https://nsw.gov.au/seniors-festival)



MUDGEE DISTRICT U3A Inc

70 Court St Mudgee NSW 2850

[www.mudgeedistrictu3a.org.au](http://www.mudgeedistrictu3a.org.au)