

THE SMART AGE PAGES

The Mudgee District U3A Newsletter

PO Box 469
Mudgee, 2850

www.mudgeedistrictu3a.org.au



November 2018

Celebrating 20 Years

Dear U3A Members

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A warm welcome to Term 4 from your newly-elected Committee for 2018/2019. Sincere thanks to the previous Committee for all their hours of volunteer work that kept this wonderful organisation running so smoothly.

The new committee had their first meeting in October and the various responsibilities & delegations organised. Sally Colley, Program Coordinator, is busily organising our 2019 Program, which is a mammoth task. Please contact her on her mobile 0427 874 096 if you have a skill or interest that you would like to share with our members. You will find a **Presenter 2019 Course Form** included with this newsletter.

The 20th Anniversary Lunch, organised by Ann Burrows our Events Coordinator, to be held at Mudgee TAFE on Wednesday 7th November was booked out very quickly. We are delighted that three members of that first committee Ian Chapman (President), Louise Wilson (one of the Vice Presidents) & Lynette Tipping (Committee Member) will be attending as our guests.

Please do not hesitate to contact me or a Committee Member if you have any queries.

Judith Darling

Mobile: 0431 551 596

Email: judithdarling@bigpond.com



COMMITTEE RESPONSIBILITIES & DELEGATIONS 2018-2019

Assets Register	Ray Parle
Events Coordinator Assistant Events Coordinator	Ann Burrows Judith Darling
Member Name Badges	Kay Dickinson
Membership Coordinator Assistant Membership Coordinator	Sally Colley Chris Smith
Program Coordinator Assistant Program Coordinator	Sally Colley Chris Smith
Publicity Officer Assistant Publicity Officer	Elly Rands Judith Darling
Publications: (i) Annual Program (ii) Newsletters (iii) Presenters' Booklet	Sally Colley, Publisher Chris Smith, Assistant Publisher Kay Dickinson, Proofreader Judith Darling, Publisher Kay Dickinson, Assistant Publisher Elly Rands, Publisher Kay Dickinson, Assistant Publisher
Secretary & Public Officer Assistant & Minuting Secretary	Kay Dickinson Dian Rayner
Sub Committees: (i) Privacy Policies (ii) Website (iii) Risk Assessment	Judith Darling, Convenor Geoff Dear Steven Cowan Judith Darling, Convenor David Price, Manager Scott Etherington, Assistant Manager Judith Darling, Convenor Geoff Dear
Treasurer Assistant Treasurer	Ray Parle Elly Rands
Welfare & First Aid Kit Officer Assistant Welfare Officer	Nancy Chapman Margaret Brennan

MUDGEES DISTRICT U3A PRESIDENT'S REPORT FOR 2018

It is with great pleasure I present the President's Report for the 2018 Mudgee District U3A 20th Annual General Meeting. My term as President has been a very rewarding one for me personally as I have had the pleasure of working with a highly skilled & motivated team of people who have been willing to put forward their ideas & carry out their responsibilities with professionalism & good humour.

THE COMMITTEE

Each member selected their specific responsibilities according to their skills & interests.

VICE PRESIDENT Ann Burrows Events Coordinator & Membership Enquiries.

VICE PRESIDENT Dorothy Munns stepped down at the end of 2017 because of health issues and **Kay Dickinson** agreed to fill the vacancy & we were delighted to welcome her to the team.

SECRETARY Steven Cowan Public Officer, Website Sub-Committee Convener, Presenters' Notes – photocopying Member Name badges, Assistant Newsletter Publisher.

TREASURER Ray Parle Assets Register.

PUBLICITY OFFICER Debra Cowan Newsletter Publisher

PROGRAM COORDINATOR & Membership Secretary Sally Colley Annual Program Coordinator, Class Lists.

COMMITTEE MEMBER Nancy Chapman Assistant Events Coordinator, Membership Enquiries, & agreed to take on extra responsibility as Welfare Officer when Dorothy resigned.

COMMITTEE MEMBER Elly Rands Minuting Secretary, Presenter's Booklet Coordinator.

COMMITTEE MEMBER Geoff Dear Risk Assessment Sub-Committee, Assistant Treasurer – Petty Cash

COMMITTEE MEMBER Barry Wells kindly volunteered to fill the Casual Vacancy on Committee and was duly appointed at the September 2017 Committee meeting. Risk Assessment Sub-Committee First Aid Kit

WEBSITE SUB-COMMITTEE David Price Again accepted the role to keep our website up to date & user friendly.

Scott Etherington agreed to act as **Assistant Website Manager**

COMMITTEE meetings held each month except April & August & all Guidelines & Forms were reviewed to bring the Committee Members' Information Folders – Operational Manuals – up to date.

CURRENT MEMBERSHIP total = 241

COURSES/ACTIVITIES

The 'heart beat' of this organisation has to be the Program Coordinator, this year Sally Colley put together a great Program, liaising with Presenters & venues.

Twenty Nine members from our community offered to share their knowledge & skills with our members.

Thirty Five classes were offered in our 2018 Program and new courses included Fabulous Art Heists & Fakes, Working with Coloured Pencils, Yoga for seniors, Factual Writing to Share, History of Civilization, Egypt, Sunday Matinee, & 2 new U3A Online courses – Property to Partner, Henry Lawson, a Study of His Work, and Life & Times.

To Sally and all the Presenters who made it possible to once again offer an interesting & varied Program for another year, thank you for all the hours you volunteered to prepare & present your skills & knowledge to our Members.

EVENTS included:

- **TAFE Lunch** – October 2017
- **Presenters' Breakfast** – January 2018 both events were organised by our Events Coordinator, Ann Burrows
- **Registration & Showcase Day** – January 2018

- **Arts & Craft Exhibition** – June 2018 - Showcasing the artistic skills of our current U3A members.

Presenters involved in organising this event were:

Thelma Beechey – Painting with Water Colours
 Marianne Matthews – Lino Printing and Working with Coloured Pencils
 Peg Farthing - Folk Art
 Carrol Wall & Jacqui Price – Material Craft
 Heather Rushton – Photography

Thelma Beechey opened the Exhibition and we appreciated Councillor Sam Paine's attendance at our launch as well as Sam Potts from Mudgee Guardian.

Special thanks to,

- Artisan on Lewis in Mudgee for hosting our exhibition free of charge.
- All the members who exhibited their work, many of whom were exhibiting for the first time.
- 91 pieces were exhibited. Not many were for sale, however 16 pieces were sold with a percentage of each sale going to Artisan on Lewis and the balance to the artist.
- **Raffle** – organised by Jacqui Price, with the 'Aspects of Mudgee Quilt' as 1st prize was embroidered, appliqued or printed and sewn by the ladies of the Mudgee District U3A Material Crafts Group, led by Jacqui and Carroll Wall, as 1st Prize.

Sale of Raffle tickets raised \$431 & this was donated to Rare Cancers Australia.

1st Prize – Aspects of Mudgee Quilt – Judy Blackman from Mudgee

2nd Prize – A Quilt donated by Paula Brunton – Ashleigh Hodgetts from Moolarben.

- Ann Burrows has organised a Celebratory 20th Anniversary LUNCH at Mudgee TAFE on Wednesday, 7th November.

PUBLICATIONS

2018 Courses & Activities Booklet
 Newsletters – November, February, May. AGM Notification
 Presenters' Information Booklet
 Committee Information Folder reviewed

GRANTS

Successful applications were to:

- Club Mudgee for a Club Grant (formerly Community Development Services Expenditure) for use of their venue free of charge for some of our 2018 classes, including our AGM this year.
- Mid-Western Regional Council – Grant Application to cover the cost of hiring The Stables for our Enrolment Showcase Day last January.

VALE Members

We have been saddened by the news of the death of several of our members this year:

Gunter Puls, Miriam Gellibrand, Jim Brunton, Phyllis Davis, Judith Channon,

Barry Stutsel former Committee member & Program Coordinator, and former Presenter Michael Preston

Our sympathy goes to their families & friends.

MEMBER & COMMUNITY SUPPORT

- **Class Venues**
Housing Plus for continuing to make available, at no cost, the use Adams Street Complex Meeting Room. We pay to have the area clean each week during term time.
Club Mudgee (RSL), Fairview ArtSpace, Pioneer House, Opal Mudgee Aged Care
St John's Church Hall, Colonial Inn Museum, Artisan on Lewis,
Mudgee Health Service Wellness Centre, Prince of Wales Opera House, Gulgong Public Library,
Mudgee Aero Club, Private Homes.
- Joan Harris for opening & closing Adams St meeting room each day
- Members who act as "class room support" for Presenters
- Mudgee Guardian for promoting our organisation
- Mudgee Rotary for the free advertising they present for us at the Mudgee Town Hall monthly movies
- Radio – 2MG & ABC Western Plains Radio
- Spouses & Partners of Committee Members for their assistance & support with U3A activities.

Louise Wilson and Marcia Daniel had the dream of starting a U3A here in Mudgee early in 1998.

They visited the U3A in Bathurst, and also made contact with organisations in Dubbo and Orange.

Here they were encouraged to seek expressions of interest within our own district. The then Mayor, Denis Yeo, was enthusiastic about the project & a Public Meeting was held at The Stables, Mudgee on 2nd May, 1998. The idea was supported by the large number who attended. Ian Chapman was elected inaugural President, Louise Wilson and Marcia Daniel, Vice Presidents, Graham Draper, Secretary, and Neville Paine, Treasurer. The supporting committee consisted of John Brownley, Helen Dempsey, Margaret Gietz, Janna Goodland, John Harrison, Tricia Marks, Lee Paine and Lynette Tipping.

The first programme of eleven courses was made available in the third term of 1998.

We hope we have honoured their dream by continuing, over the last 20 years, to provide interesting and diverse annual programs for people living in the Mid-Western region, helping to keep the mind healthy, improve self-esteem, promote self-worth and reduce loneliness.

I sincerely thank you for the support you give as Members and Presenters to such a valuable community organisation.

Judith Darling

U3A Network NSW CONFERENCE 2019

Don't forget to put it into your Diary!!!

WHEN: WEDNESDAY 10th APRIL to FRIDAY 12th APRIL 2019

WHERE: TAMWORTH NSW

Registrations will open in mid-November.

Website: U3A Network NSW

INVITATION TO BECOME A COURSE PRESENTER FOR OUR 2019 PROGRAM

SHARE A SKILL - SHARE AN INTEREST WITH OUR MEMBERS

If you wish to continue to present your current class OR if you wish to start a new class next year please fill in the 'Presenter 2019 Course Form' included with this Newsletter and return to:

Sally Colley, Program Coordinator
PO Box 469, Mudgee 2850

or phone Sally on mobile 0427 874 096

BALANCE 'N' BONES CLASS, Term 4



Classes will be held at the Wellness Centre, Meares Street on,
Thursday 8th November 2018
and
Thursday 15th November 2018

We will then move to the Junior Rugby League Club near Cahill Park,
Lewis Street Mudgee for the following classes.

Thursday 22nd November

Thursday 29th November

Thursday 6th December

Thursday 13th December – *our last class for 2018*

ALL CLASSES WILL STILL COMMENCE AT 9.30AM

Phone Sue 0413 848 910_or Judith 0431 551 596 if you have any queries

MEMBERS' SATISFACTION SURVEY

Please take a few moments to participate in this survey so that your Committee can continue to meet the needs of our Members. Tick your response and record any comments in the space provided.

1. COMMUNICATION

Did you find the information in the following sufficient and easy to understand?

- (i) Annual Brochure YES () NO ()
- (ii) Website YES () NO ()
- (iii) Presenters' Booklets (*Presenters only*) YES () NO ()

If your response is 'NO' please give reason:
.....

2. VENUES

Did you find the venues for your class/es suitable? YES () NO ()

If your response is 'NO' please give reason:
.....

3. CLASSES

Do you have an interest/topic/event you would like the Committee to try to provide in our 2019 Program?

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4. Any additional comments or suggestions?

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Thank you for taking time to participate in this survey
 Please post to The Secretary, PO Box 469 Mudgee 2850
OR
 Give to a Committee Member.
OR
 Place in the '*Members' Survey File*' in Presenters' Box at Adams Street Complex Meeting Room.

Seniors have... so many great stories to share

Seniors Festival Program
For Information Ph: 6378-2716

Workshops in Gulgong, Mudgee, Kandos, Rylstone NOVEMBER

ABOUT: In brief the workshops are about **you** telling a favourite story so it can be published in a small book for you to keep and **share**. The story needs to be 500 words or less or use images to tell your story. It can contain photos (actual photos or digital photos saved on a USB stick etc.), memorabilia to support your story (we can photograph). We are encouraging stories that have heart, that are funny and

uplifting. The books will be approximately 24 pages but can be made smaller. The books will be presented to the participants at the Seniors Luncheons held in each of the towns during Seniors Festival Week during February 2019.

MUDGEE WORKSHOPS

VENUE: Mudgee Library
DATE: Thursday November 22
TIMES: 10.00AM - 12.30PM and
1.30PM - 4.00PM

VENUE: The Stables Gallery
DATE: Wednesday 28th November
TIMES: 10.00AM - 12.30PM and
1.30PM - 4.00PM

Bring along:

Your story, saved on a USB, SD Card, your laptop if you have one, your mobile phone, or just a hand written story or one that you remember. Photos, Memorabilia, news articles or anything relating to your story. Bring a family member to help you if you would like to. If you are a scrapbooker you can bring along your kit.

GULGONG WORKSHOPS

VENUE: CWA HALL 80 Herbert St.
DATE: Tuesday 20th November
TIMES: 10.00AM - 12.30PM and
1.30PM - 4.00PM

RYLSTONE & KANDOS WORKSHOPS

VENUE: Anglican Church Hall
45 Mudgee St.

DATE: Wednesday 21 November
TIME: 10.00AM - 12.30 PM and
1.00PM - 4.00PM

VENUE: Kandos Community Club
DATE: Friday 23 November
TIMES: 10AM - 12.30PM and
1.00PM - 4.00PM



celebrating **your** short stories that are spirited, hilarious, uplifting, outrageous, interesting and creative!

Diary Updates: 1st November 2018 to 4th February 2019

DATE	TIME	EVENT	VENUE	QUERIES
Friday 1 st November		Smart Age Pages Deadline for submissions November edition		Judith Darling Ph: 0431 551 596 Email: judithdarling@bigpond.com
Wednesday 7 th November	12:00 for 12:30pm	20 th Anniversary Lunch	Mudgee TAFE 269 Ulan Road Mudgee	Ann Burrows Ph: 6372 6599 or Mob: 0401 359 305
Monday 12 th November	2:00pm	Committee Meeting	Meeting Room 12 Adams Street Mudgee	Judith Darling Ph: 0431 551 596
Monday 10 th December	2:00pm	Committee Meeting	Meeting Room 12 Adams Street Mudgee	Judith Darling Ph: 0431 551 596
Friday 28 th December		Program 2019 mailout		Kay Dickinson 0405 182 101
Friday 14 th December		Term 4 classes Finish		Sally Colley Ph: 0427 874 096
Monday 7 th January 2019	2:00pm	Committee Meeting	Meeting Room 12 Adams Street Mudgee	Judith Darling Ph: 0431 551 596
Saturday 12 th January 2019	9:30am to 12noon	Enrolment/Showcase	The Stables 86 Market Street Mudgee	Judith Darling Ph: 0431 551 596
Tuesday 29 th January 2019	9:00am	Presenters' Induction Breakfast	Comfort Inn 1 Sydney Road Mudgee	Sally Colley Ph: 0427 874 096
Friday 1 st February 2019		Smart Age Pages Submissions Deadline February Edition		Judith Darling Ph: 0431 551 596 Email: judithdarling@bigpond.com
Monday 4 th February 2019		Term 1 classes commence		Sally Colley Ph: 0427 874 096

PLEASE BE AWARE THAT INFORMATION RELATING TO THE CALENDAR OF EVENTS MAY CHANGE.