

WELCOME

The 2021-2022 Mudgee District U3A Committee is pleased to present the Program Booklet for 2022.

2021 has been another difficult and disruptive year in the life of Mudgee U3A. Also, it is possible that some listed venues may change by the time the course is due to begin. Course members will be notified by presenters of any changes.

Our sincere thanks to all the people who have offered their services as Presenters and those who have volunteered to be a contact person for the coming year.

Members who enrol prior to classes commencing should assume they are enrolled in their nominated classes, unless they hear otherwise.

After the course commencement date, prospective participants need to ensure they are a member of U3A, then contact the Presenter or contact person of the course to ascertain whether there is a vacancy before attending any class.

**Enrolment Day/Showcase Day
Saturday, January 15th 2022**

**Baptist Hall Bruce Road
9.30 am to 12 noon**

Please bring your Enrolment Form

**Most Presenters will be available to talk with you about
their classes.**

Please park at the back of the Mudgee Baptist Church.

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ABOUT U3A

University of the Third Age, now abbreviated to U3A, began in 1968 in France and is a voluntary non-profit organisation which offers low cost educational and social opportunities to retirees or semi retirees.

MEMBERSHIP GUIDELINES

Mudgee District U3A connects members from within the Mid-Western Regional Council area.

No entry or exam requirements are necessary to join Mudgee District U3A.

Most classes are held during the day in NSW school terms.

Membership Fees: A sliding scale is used to determine cost of enrolment.

Term 1: \$30 **Term 2:** \$25 **Term 3:** \$20 **Term 4:** \$15

Membership fees cover administration, postage and insurance.

There is no charge for residents of Aged Care Facilities.

Insurance is provided through Network NSW, the State's U3A 'umbrella' organisation.

Members can access a copy of the Mudgee District U3A Constitution from the website www.mudgeedistrictu3a.org.au alternatively the Constitution is available, on request, from the Committee.

Newsletters are delivered to all members either by Australia Post or email. The use of electronic mail is encouraged to help save resources.

Class attendees must have enrolled prior to attending any class.

In some classes provision of your own materials may be necessary and a small fee may apply to cover the cost of class notes or computer use.

Members receiving printed notes from their class Presenter will be asked to contribute to the cost of photocopying. There is no charge for notes or handouts delivered by email. Class members are under no obligation to receive notes and may decline the offer of receiving them in either format.

Morning or afternoon tea may be available at a small cost in some classes; however, individual members have the right not to participate.

There is an expectation that class members keep the Presenter informed as to intended absences or complete withdrawals. Presenters' phone numbers are published in the Program Booklet.

Always remain open to learn new things. If you don't learn, you don't grow

The official Enrolment Day is mid-January each year (9.30 - 12 noon) at the venue advertised in the Program Booklet, where most class Presenters will be available to answer questions about courses offered.

On Enrolment Day members pay the annual membership fee and enrol in the classes of their choice; however, you may join during the year. A receipt will be issued on payment.

IF ENROLLING BY MAIL: Send a completed **Enrolment Form** and **Membership Fee** and if you require a receipt please include a stamped self-addressed envelope to:

The Secretary

Mudgee District U3A

PO Box 469

Mudgee NSW 2850

CHEQUES – to be made payable to ‘Mudgee District U3A’

DIRECT DEPOSIT – Account Name: Mudgee U3A

BSB: 082-726

Account Number: 396808275

Your payment reference: Write your own name or phone number

Additional Enrolment forms are available from the Mudgee U3A website or by contacting the Membership Enquiries Committee member.

The viability of classes is dependent on sufficient registrations. Some classes have a limit due to the, nature of the course or resources available.

In the case of oversubscription in classes with a limit on participants, the Program Coordinators will draw participants' names out of a hat. The remainder will be placed on a waiting list.

You will be notified if you have missed out on a place in the draw and have been placed on a waiting list. If places become available the waiting list will be activated in the order of the draw and you will be contacted to advise the availability to join the class.

TERM DATES 2022

Term 1	January 28	April 8
Term 2	April 26	July1
Term 3	July 18	September 23
Term 4`	October 10	December 20

Anyone who keeps learning, stays young- Henry Ford



Mudgee District U3A

CLASS VENUES

Most classes will be held at **KILDALLON: EDUCATION MUSIC THEATRE**. Kildallon is located on the former TAFE site, 70 Court Street, Mudgee. Some presenters have negotiated for other locations, as shown below. Kildallon is the name of the original Kellett residence on this site. We will have two single and two double classrooms, along with storage facilities and an office. There is onsite parking, wifi, power, toilets, and in time, an area where members may have facilities for morning or afternoon tea. **Additional information on page 27.**



Other venues are those listed below

Baptist Church	153 Bruce Road Mudgee
Mid-Western Regional Library	64 Market Street Mudgee
Prince of Wales Opera House	101 Mayne Street Gulgong

COURSES

MONDAY

BALANCE 'n' BONES

CC: MBB

An exercise program for active, mobile, mature aged participants. A fun workout aimed to increase flexibility, balance, coordination and bone strength.

30 participants for this group.

Weekly

9.30 am to 10.30 am

Venue: Kildallon 70 Court St Mudgee

Start Date: Monday February 7

End date: Monday December 12

Presenter: Sue Grant-Frost **0413 848 910**

Judith Darling **0431 551 596**

UNDERSTANDING YOUR IPHONE/IPAD

CC: MUI

Learn the basics of using your iPhone or iPad. Nothing is assumed. You will learn how to turn it on, the basics of how to use It, and be introduced to some of the popular Apps.

Short Course: 7 Sessions

Weekly

10:00 am to 11am

Venue: Prince of Wales Opera House – Gulgong

Dates: February 7 **March 7**

February 14 **March 14**

February 21 **March 21**

February 28

Presenter: Scott Etherington **0408 726 722**

MONDAY

CURRENT AFFAIRS

CC: MCA

Discussion of news events from Australia and around the world.

Group limited to 12 participants and will be held via Zoom

Weekly

10.00 am to 11.30 am

Venue: ZOOM

Start Date: Monday February 7

End Date: Monday December 12

Presenter: Tony Shaw

0418 216 219

*Nostalgia is like a grammar lesson: you
find the present tense, but the past perfect.*

Owen Lee Pomeroy

SING!

Group singing releases happy hormones. Sing loud or soft, unison or harmony, grab a solo or hide in the group. Just sing!

Weekly during Term 3

2pm to 3pm

Venue: Kildallon 70 Court St Mudgee

Start Date: Monday July 18 to

End Date: Monday September 23

CANCELLED

MONDAY

READING HISTORICAL FICTION

CC: MHF

Choose and share texts from your preferred genres and historical periods. Read one, or many. Explore the allure of the past and the tricky relationship between historical fact and fiction.

Weekly during Term 1 From February 7 till April 4

2pm to 3pm

Venue: Kildallon 70 Court St Mudgee

Start Date Monday February 7

End Date Monday April 4

Presenter: Jen Davies

0407 254 524

I am still learning
Michelangelo, age 87

TUESDAY

YOGA FOR SENIORS

CC: TYS

Seated/standing Yoga for Seniors with health challenges.
Even though the floor is carpeted grip socks may be necessary.

Weekly

10.00 am to 11.00 am

Venue: Kildallon 70 Court St Mudgee

Start Date: Tuesday February 1

End Date: Tuesday December 13

Presenter: Kay Dickinson

0405 182 101

MAH JONG

CC: TMJ

Mah Jong is originally a Chinese game played with tiles. It is very similar to Gin Rummy. A card version of the game is also possible. Beginners are welcome.

Weekly

2.00 pm to 4.00 pm

Venue: Kildallon 70 Court St Mudgee

Start Date: Tuesday February 1

End Date: Tuesday December 12

Presenter: Nancy Rangi

6372 0807

TUESDAY

CANASTA

CC: TC

Learn to play or brush up on your Canasta skills

Weekly

1.30 pm to 4.30 pm

Venue: Kildallon 70 Court St Mudgee

Start Date February 7

End Date December 12

Presenter Jim Dryburgh

0412 216 996

FIRST AID TRAINING

CC: TFA

Five explanatory First Aid sessions, on health and first aid delivered by NSW First Aid, Mudgee.

Topics selected are aimed to cover areas that U3A members would find interesting and informative.

There is no additional cost to members of U3A and no examination.

Five sessions Bimonthly – every 2nd Tuesday of every second month

1.00pm to 3.00pm

Kildallon 70 Court St Mudgee

**Dates: February 8th, April 12th, June 14th,
August 9th, October 11th**

Presenter: Karl Fletcher

6372 3888

TUESDAY

INTRODUCTION TO BRIDGE

CC:TB

6 lessons to get you on your way to enjoying the social and stimulating benefits of bridge.

Short course weekly for 6 sessions

10:30 till 11:30

Venue: Mudgee Bridge Centre, Mudgee Showgrounds

Dates 29 March to 3 May

**Presenter: Marelle Irvine and members of Mudgee Bridge Club
0407 730 996**

PERSIAN PROPHETS

CC: TPP

The historical events of the founders of the Baha'i Faith and their early followers.

Fortnightly, 2nd and 4th Tuesday of each month

11.45 am to 1.15 pm

Venue: Kildallon 70 Court St Mudgee

Start Date: Tuesday February 8

End date : Tuesday December 6

Presenter: David Bailey

6372 1812

WEDNESDAY

STILL LIFE SUITE

CC: WSL

Using a single still life image we will complete a suite of art works- a drawing, a painting, and a Lino print. These will be in small format- maximum size 30 cm square

Short course weekly for 5 sessions

10.30 till 12.00

Venue: Kildallon 70 Court St Mudgee

**Dates: February 23, March 2, March 9, March 16,
March 23, March 30**

Presenter Marianne Mathews

0419 218 648

FLOOR YOGA

CC: WFY

Floor Yoga with the aid of a chair for strength and balance.

Even though the floor is carpeted grip socks may be necessary.
A floor mat or towel is also required.

Weekly

10.00 am to 11.00 am

Venue: Kildallon 70 Court St Mudgee

Starting Date: Wednesday February 2

End Date: Wednesday December 14

Presenter: Kay Dickinson

0405 182 101

WEDNESDAY

FORENSIC DOCUMENT EXAMINATION

CC: WFD

Forensic Document Examiner Chris Anderson will detail the types of examinations he undertakes, and the equipment used. He will present a series of case studies and a brief look at other types of examinations.

2 sessions

Times : TBA

Venue: Kildallon 70 Court St Mudgee

Dates: TO BE ANNOUNCED. IF INTERESTED PLEASE LEAVE YOUR DETAILS ON ENROLMENT DAY WITH THE PROGRAM COORDINATORS AND YOU WILL BE ADVISED WHEN AND WHERE THE COURSE WILL RUN.

Presenter: Chris Anderson

0428 721 244

RUSSIAN HISTORY 1800-1914

CC: WRH

Nineteenth century Russia was a place of extremes- poverty and misery for the majority and oppressive opulence for the privileged few. The attempts of the Romanov Tsars to hold back change ultimately led to the revolutions of 1917

Short Course weekly for 6 sessions

2pm-3pm

Venue: Kildallon 70 Court St Mudgee

Start Date April 27

End date: June 1

Presenter

Heather Rushton

0428 721 244

WEDNESDAY

PAINTING WITH WATERCOLOURS

CC: WPW

Expand your vision through art. Guidance is offered with watercolours, but participants work with a variety of mediums (not oils), depending on personal projects. Enjoy an afternoon of mixing ideas as well as colours.

Weekly

2.00 pm to 4.00 pm

Venue: Kildallon 70 Court St Mudgee

Start Date: Wednesday February 2

End date: Wednesday December 15

Presenter: Thelma Beechey

6372 3432

BOOK TO MOVIE

CC: WBM

Enjoy watching movies based on published books. Be surprised each month by my selection of various genres, themes and story lines. I try for enjoyable or thought provoking, but not necessarily light heartedness. No need to have read the book beforehand. A discussion over tea and coffee afterwards, time permitting.

Monthly – 1st Wednesday of the month

1:30 pm to 4.00 pm

Venue: Mid-Western Regional Library training room

**Dates : February 2, March 2, April 6, May 4, June 1, August 3,
September 7, November 2, December 7**

There is no session in July and October due to school holidays.

Presenter: Sally Colley

0427 874 096

WEDNESDAY

ARMCHAIR TRAVELLER REVISITED

CC: WAC

Sadly, there is no new material, so once again we will be revisiting destinations previously explored. Possibilities include Cuba, Malta, Sicily, Japan.

Short course, weekly 4 sessions

2pm – 3.30pm

Venue: Kildallon 70 Court St Mudgee

Start date: Wednesday Feb 2

End date: Wednesday February 23

Presenter:

Heather Rushton

0428 721 244

TRAIN YOUR BRAIN 2.0

CC: WTB

Explore ways of keeping your brain active, update your understanding of your brain at work, have lots of fun and laughs

Short course, weekly 6 sessions

10.30am – 11.30am

Venue: Kildallon 70 Court St Mudgee

Start date : Wednesday 18 May

End date: Wednesday 22 June

Presenter:

Janet Duffy

0419 218 648

WEDNESDAY

WRITING A TEN MINUTE PLAY

CC:WTP

Day 1 Ideas on how to go about a play for the first time.

Everyone will be asked to write a play to bring on Day 2.

Day 2 Participants will be asked to present their play, which will be read to and by the group on the second day of the course.

Short course 2 Days

1:00 to 3:00

Venue: Kildallon 70 Court St Mudgee

Start date: 16 February

End date: 17 February

Presenter: Jill Baggett

0409 609 869

INTRODUCTION TO COMPUTERS

CC:WIC

This is a closed course available to residents of Whiddon Pioneer House Mudgee. It is an introduction to computers and the Internet and possibly MS Word, Excel and email.

Presenter: Steve Russell

0414327858

THURSDAY

QUILTING

CC:ThQ

In this course you will learn the basics of machine quilting Suitable for people with experience to come along and work on their project or UFO or share their knowledge and skills in a fun and casual group. You will be required to bring your own machine.

Fortnightly

10am – 12.30pm

Venue: Kildallon 70 Court St Mudgee

Start date: Thursday 10 February

End date: December 8

Presenter

Kaisa Giles

0438 004 018

LINE DANCING

CC:ThL

Easy physical exercise to a range of music. Good exercise for the mind too! Great for beginners or more experienced dancers. Comfortable, closed in shoes necessary and remember to bring water. \$2 weekly donation towards hall hire is requested.

Weekly.

10 am to 12 noon -- Beginners until 11 am

Venue: Mudgee Baptist Church

Start Date: Thursday February 3

End date: Thursday December 15

Presenter:

Libby Dorahy

0409 605 802

THURSDAY

CALLIGRAPHY

CC:ThC

Turn your handwriting into something beautiful. Learn to write with precision and operating flair, using a broad-tipped pen. Class limited to 10/12

Weekly

1.30pm to 3.30 pm

Venue: Kildallon 70 Court St Mudgee

Start Date: Thursday February 4

End Date: Thursday December 8

Presenter: Andrew Matheson

0448 947 267

Looking for a course that you can do at home and at your leisure?

Are you interested in Shakespeare or playing the ukulele, Religions of the World or maybe Antarctica? What about Climate Change or Astronomy?

Check out the U3A online site: u3aonline.org.au

You can join anytime as an individual for \$30 per 12 months. Enrol in as many courses as you like once you have joined. Currently there are 76 courses to choose from ranging across World Affairs and History; Nature, Writing and Creativity; Lifestyle and Science.

U3A Online is an individual, independent and autonomous U3A.

THURSDAY

BOOK GROUPS

Each month, read a book and then get together, perhaps over a relaxing coffee or tea to discuss your thoughts and opinions.

- Participants need to be a member of the Mid-Western Regional Council Library (no charge).
- A Mudgee Library borrowing fee of \$5 is payable to the Library for each book borrowed from their Book Group sets.
- Numbers are restricted to 10 participants in each group because of the number of books available.

Book Group 2

CC: Th2

Monthly 3rd Thursday of the month

11am to 12:30 pm

Start Date: Thursday February 18

End date: 17 November

Venue: Kildallon 70 Court St Mudgee

Presenter: Barbara Vickary

0404 921 639

Book Group 3

CC:Th3

Monthly 4th Thursday of the month

2.00 pm to 3.00 pm

Start Date: Thursday February 17

End date: November 17

Venue :TBA

Presenter: Sue Brierty

6372 1752

THURSDAY

*Everyone has a photographic memory,
some people just don't have film.*

WHAT IF? AN ALTERNATIVE HISTORY CC:ThWI

History is fascinating but one aspect that really fires the imagination is asking “What if things had gone differently?”. A four-session course with lively panel discussion.

Short course fortnightly 4 sessions

2pm – 3.30pm

Venue: Kildallon 70 Court St Mudgee

Dates : July 28, August 11, August 25, September 1

Presenters: Janet Duffy and Marianne Mathews 0419218648

Learn continually- there's always
“one more thing “to learn. - Steve
Jobs

FRIDAY

MUSIC APPRECIATION

CC:FMA

Hone your listening skills, to better understand and enjoy all the music around you. Beginners to advanced listeners welcome.

Short course, weekly

2pm – 3pm

Venue: Kildallon 70 Court St Mudgee

Start date: February 4

End date: April 8

CANCELLED

LOCAL HISTORY

CC:FLH

Local Mudgee History – come along to learn about and discuss the town and its surroundings, the people and events that have made it what it is today.

Monthly – 3rd Friday of the month.

Term 1 - February 18 and March 18

Term 2 - May 20 and June 17

Term 3 –August 19 and September 16

Term 4 – October 21 and November 18

Time: 2.00 pm – 3.30 pm

Venue: Kildallon 70 Church St Mudgee

Presenter: Barry Wells

6373 3857

FRIDAY

CHRISTMAS TABLE DECORATIONS

CC:FTD

Have you ever wondered how magazines and TV shows present their Christmas Table Decorations so beautifully?

In this course you will learn how to present a spectacular table for the festive season.

Short course, weekly three sessions

10am – 12pm

Venue: Kildallon 70 Court St Mudgee

Start date: November 4

End date: November 18

Presenter: Jenny Davenport

0437 080 900

SUNDAY

SUNDAY MOVIE MATINEE

CC: SMM

Enjoy a Sunday afternoon at the movies.

3rd Sunday of the month from February to November including school holidays

2.00 pm to 4.00 pm

Venue: Whiddon Pioneer House Mudgee

Starting Date: TBA

Presenter: TBA

Please leave details at enrolment day if interested in this course

**Enrolment Day/Showcase Day
Saturday, January 15th 2022**

**Baptist Hall Bruce Road
9.30 am to 12 noon**

Please bring your Enrolment Form

**Most Presenters will be available to talk with you
about their classes**

***Please park at the back of the Mudgee Baptist Church
RSVP 7 January***

Barbara barb48.bv@gmail.com

Cheryl chezza2229@gmail.com

U3A COMMITTEE 2022

President	Heather Rushton	0428 721 244
Vice President	Barbara Vickary	0404 921 639
Secretary	Kay Dickinson	0405 182 101
Minutes Secretary	Marianne Mathews	0419 218 648
Treasurer	Janet Duffy	0419 989 322
Assistant Treasurer	Susanne Scholes	6373 1394
Program Coordinators	Cheryl Russell Barbara Vickary	0407 91 5277 0404 921 639
Publicity Officer	Debrah McGarrigle	0402 037 181
Events Coordinator	Debrah McGarrigle	0402 037 181
Welfare Officer	Nancy Chapman	0490 058 362
Membership Enquiries	Kaisa Giles	0438 004 018
Website Manager	David Price www.mudgeedistrictu3a.org.au	

*Happiness is good health and a bad
memory.
Ingrid Bergman*

A SHORT HISTORY OF KILLADON

We are so proud to be a part of Mudjee's history. Killdallon in Court Street was constructed in the late 1880s by pioneer merchant William Kellett, who was born in 1836 in Kildallon County Cavan in Ireland. William came to Mudjee in 1859 to wind up an insolvent business- The Old Flagstaff Stores but he decided to rescue the business. William managed to forge a successful business so that by the 1880s he built a grand mansion commensurate with his success.

Significant milestones:

- *William died in Sydney in 1913, leaving the property to his daughters. His sons remained in charge of the family store*
- *The house was leased to a series of tenants until 1944 when the Mudjee CWA used it as a girl's hostel. The prime mover was Eva Langton nee Loneragan , of Putta Bucca House U3A acknowledges her significant contribution to the welfare of women and girls in the Mudjee Region. The house was modified to accommodate the needs of the girls and women during this time.*
- *TAFE took over the site in 1983. Classes ceased in 2018*
- *In 2021 Mid-Western Regional Council purchased the site for community use*

We acknowledge John Broadley- local historian-for this information December 2021