

# MUDGEE DISTRICT U3A Inc.

PO Box 469, Mudgee 2850

[www.mudgeedistrictu3a.org.au](http://www.mudgeedistrictu3a.org.au)

## COURSES & ACTIVITIES 2011

### 1st Semester

Term 1: 31st January - 8th April

Term 2: 26th April - 1st July

### 2nd Semester

Term 3: 18th July - 23rd September

Term 4: 10th October - 16th December

*“Providing learning and social opportunities  
for mature people in the Mid Western Region”*



THE UNIVERSITY OF THE THIRD AGE



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# Patron

Mal Petrie



## The 2011 Committee

<b>President:</b>	David Price	0419 755 440
<b>Vice Presidents</b>	Bobbie Smith Fay Wells	6372 3428 6373 3857
<b>Secretary:</b>	Harley Nicholls	6372 2522
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<b>Minuting Secretary:</b>	Jacqui Price	6372 9667
<b>Treasurer:</b>	Ray Parle	0439 735 424
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<b>Programme Coordinator:</b>	Ann Burrows	6372 6599
<b>Membership Information:</b>	Robert Waller	6372 9919
<b>Event Coordinators:</b>	Nancy Chapman Ray Parle	0282 083 352 0439 735 424
<b>Welfare Officer:</b>	Fay Wells	6373 3857

# Membership Guidelines

- ⊙ **U3A is run by retired people for retired people at low cost.**
- ⊙ **Classes are held in the day during school terms.**
- ⊙ **There are no entry requirements or exams.**
- ⊙ **There is a wide variety of classes and activities.**

## **Membership Area**

Mudgee District U3A connects seniors from the same area as that of the Mid-Western Regional Council. Consequently, it welcomes members from the towns of Mudgee, Gulgong, Rylstone and Kandos along with the villages of Hargraves, Windeyer, Goolma, Ulan, Birriwa, Turrill, Wollar, Bylong, Lue, Ilford and Running Stream, plus those from all the properties and homesteads in between.

**New members** may enrol at any time of the year. There is no joining fee. Everyone's membership ceases on the day prior to the New Year's Enrolment Day, which is held in mid January.

**Membership Fees** are on a sliding scale:

Joining at Term 1: \$25

Joining at Term 2: \$20

Joining at Term 3: \$15

Joining at Term 4: \$10

Residents of Mudgee's Age Care Facilities pay \$10 per year

Membership fees cover administration, postage costs and insurance.

Insurance is provided through Network NSW, the State's U3A "umbrella" organisation.

All new members receive a copy of the Constitution.

A quarterly newsletter is delivered to all members either by Australia Post or email. The use of electronic mail is encouraged to help save resources.

Class attendees must have enrolled prior to attending any classes.

There are no further tuition fees for most courses, but you may have to provide your own materials or pay a small amount to help cover the cost of hall hire, computer use, and for morning or afternoon tea as appropriate.

Members receiving printed notes from their class Presenter will be asked to contribute to the cost of copying. There is no charge for notes or handouts delivered by email. Class members are under no obligation to receive notes and may decline the offer of receiving them in either format.

There is an expectation that class members will keep the Presenter informed with any intended absences or complete withdrawals. Presenters' telephone numbers are published in this Programme.

### **Becoming a Member**

The official Enrolment Morning is in January.

This is a really good time to pay your subscription fee and enrol for the classes of your choice. Most Class Presenters are available to discuss needs and answer questions about the courses being offered. When you pay your subscription you will be given an official receipt.

One may enrol by mail, sending a completed enrolment form and membership fee to the secretary at PO Box 469, Mudgee, 2850. Please enclose a stamped address for your receipt. Cheques should be payable to "Mudgee District U3A".

### **Please note:**

The running of classes is dependent on sufficient registrations to make the class viable. You will be notified if the class has to be cancelled.

## **Class Venues**

### **ACKNOWLEDGEMENTS**

Mudgee District U3A is extremely grateful to Adams Street, Club Mudgee, Mudgee Nursing Home, Pioneer House, the One Life Family Church, the Uniting Church, BEC (Mudgee) and those offering private facilities as class venues.

### **ONE LIFE FAMILY CHURCH, Lewis Street, Mudgee**

Although primarily a church, this is an ideal venue for major U3A meetings. It has a range of well equipped rooms including a splendid auditorium. **Parking is on-street.**

**ADAMS STREET COMPLEX COMMUNITY HALL,  
12, Adams Street, Mudgee**

The Adams Street Complex provides unit accommodation for aged residents in a neat arrangement surrounding a central community meeting room. This has been made available for use by U3A classes free of charge. **Class members must park in the street and avoid blocking driveway entrances. BE AWARE of the NO PARKING ZONE.**

**BEC TRAINING ROOM, Town Hall Arcade, Mudgee**

The Mudgee Business Enterprise Centre has a Training Room with 8 computer work stations. U3A members joining computer classes here pay an additional fee to cover the cost of facility hire. 2 hour parking is available in Byron Place. **Unlimited time parking is behind the post office.**

**CLUB MUDGEE (RSL), Corner of Mortimer & Perry Streets**

Club Mudgee works with the local community to assist individuals and groups in need. The Club provides free meeting facilities to U3A through its Community Development Support Expenditure.

**The club has its own car park at the rear.**

**MUDGEE LIBRARY, Market Street, Mudgee**

There is a growing partnership between the Mid-Western Regional Council Library and Mudgee District U3A. **There are various parking options close to the library.**

**UNITING CHURCH HALL, Mortimer Street, Mudgee**

This is the home of the Mudgee Hand Bell Ringers. The U3A class meets here, having the use of the Group's bells. **Please do not park in the hired marked car spaces.**

**PIONEER HOUSE, Court Street, Mudgee**

Pioneer House is a community based organisation funded by the Federal Government and run by a voluntary management committee. The building has grown and been upgraded to modern standards to cope with a wide variety of needs. **Please park in the street.**

**MUDGEE NURSING HOME, Denison Street**

Mudgee Nursing home is a 50 bed high care facility at the western end of Denison Street.

**There is adequate parking opposite the front of the home.**

# Broadband for Seniors

Learn for FREE with your local  
Broadband for Seniors  
Internet Kiosk



The Broadband for Seniors kiosk gives you the opportunity to discover how the web can play a great part in helping you to stay in touch with friends and family, along with offering access to the wealth of information available online. This is a chance to find out what all the excitement is about at no cost to you.

Mudgee District U3A is in partnership with the Mid-Western Regional Council Library in Market Street, Mudgee, to work with any member of the community over the age of 50 years who has little or no experience of computer and internet use.

The basic training course, delivered individually or in pairs, is **FREE**. The time taken to complete the training will vary for each individual. Each lesson will last for 1 hour. Depending on availability, there is no specific limit to the number of sessions per learner.

The topics covered will be: Switching on/off, using a mouse, playing solitaire to gain mouse skills, simple word processing, creating an email account, sending/receiving emails and using the internet for research.

A U3A volunteer tutor will be available on Tuesdays, Wednesdays and Thursdays during library opening hours (10am - 6pm).

To participate in this completely **FREE** offer, bookings can only be made through the library.

**RING MUDGEES LIBRARY**  
**6378 2740**

**THE CURRENT PROJECT ENDS ON 30th JUNE 2011**

# Progressive Computers

## FOR COMPLETE BEGINNERS

**Broadband for Seniors:** FREE (see page 8)

*There are no prerequisites*

This short basic course is available to people over the age of 50 years. You do **not** have to be a member of Mudgee District U3A.



## FOR BEGINNERS & THOSE WHO HAVE PARTICIPATED IN BROADBAND FOR SENIORS LEARNING

**Beginners Plus:** \$64 per 8 week term (see page 16)

*Participants must be U3A members*

This course is ideal for those who have completed the free training through Broadband for Seniors at the Library or who consider themselves to be Beginners.

Course fees are payable to BEC and cover the cost of facility hire.



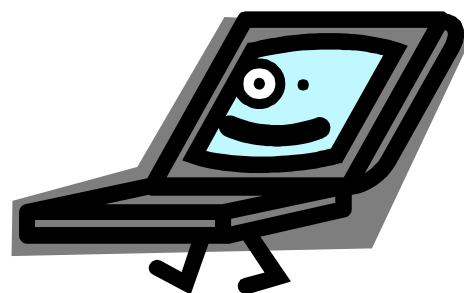
## YOU AND YOUR LAPTOP

**(Only in terms 3&4 )** (see page 15)

*Participants must be U3A members*

With your laptop running either Windows XP, Vista or Windows 7 and, ideally, a wireless internet connection facility learn to maximize the use of your mobile technology.

This is a free course taking place at Adams Street.



## ADDITIONAL KNOWLEDGE

**Free Computer Software:** \$8 per week (see page 17)

*Participants must be U3A members.*

For those who wish to discover the wealth of free computer software available on the internet.

Course fees are payable to BEC to cover the cost of facility hire.



# Legend

**Long Terms** = NSW School Term dates.

**Short Terms** = One week inside school terms at both ends.

**W** = Courses run weekly

**FT** = Courses run fortnightly on either the 1st & 3rd  
or 2nd & 4th specified days of each month.

**M** = Monthly

## Monday

### CURRENT AFFAIRS

**Presenter/Leader:** Gwen Heywood Ph: 6372 3586  
**Start Date:** 7th February FT: 1st & 3rd Mondays  
**Time:** 9.30am - 11.00am of each month  
**Venue:** Adams Street, Mudgee  
**Terms:** [Long Terms] 1, 2, 3, 4

Brings insights into current events and enlarges on the background stories. Join these lively discussions and share points of view.

### HISTORY OF ART & SEEING THINGS

**Presenter/Leader:** Michael Preston Ph: 6373 3771  
**4 lectures ONLY:** 7th March, 9th May, 8th Aug, 7th Nov  
**Time:** 9.30am - 11.30am  
**Venue:** Club Mudgee, Mudgee RSL  
**Terms:** One lecture per term

Understanding painting, sculpture, architecture and things seen. Made easy and fun.

### SING-ALONG @ PIONEER HOUSE

**Presenter/Leader:** Andrea Sauerbier Ph: 6372 3670  
**Start Date:** 14th February FT: 2nd & 4th Mondays  
**Time:** 11.00am - 12 noon of each month  
**Venue:** Pioneer House, Court Street, Mudgee  
**Terms:** (Long Term) 1, 2, 3, 4

Andrea has been running a sing-song at this time for a while. The residents would love to have some enthusiastic U3A singers join them.

# Monday

## UPHOLSTERY

**Presenter/Leader:** Graeme Walker      Ph: 0434 261 525  
**Start Date:** 7th February      WK  
**Time:** 11.30am - 1.30pm  
**Venue:** 69A Mortimer Street, Mudgee  
[Long Terms] 1, 2, 3 & 4

Teaching the basic principles of traditional upholstery

## CANASTA

**Presenter/Leader:** Mary Buckley      Ph: 6372 3584  
**Start Date:** 7th February      WK  
**Time:** 1.30pm - 4.00pm  
**Venue:** 2 McFarlane Street, Mudgee  
[Short Terms] 1, 2, 3, 4

Need to learn or brush up on your Canasta Skills?

## AUSTRALIAN HISTORY - COLONIAL WOMEN

**Presenter/Leader:** Pamela Dove      Ph: 6372 9312  
**Start Date:** 14th February      FT 2nd & 4th Mondays  
**Time:** 2.00pm - 3.30pm      of each month  
**Venue:** 10 Barlow Court, Mudgee  
**Terms:** Term 1 ONLY

**Class numbers are limited to 12.**

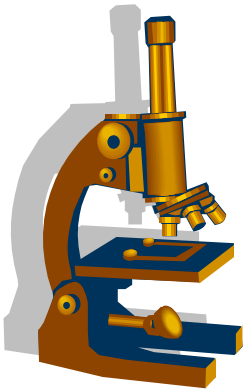
Learn about Governors' Wives, Artists, Authors, Botanists, Teachers and others. Member participation will be encouraged.

## PERSIAN PROPHETS OF THE 19th CENTURY

**Presenter/Leader:** David Bailey      Ph: 6372 1812  
**Start Date:** 14th February      FT: 2nd & 4th Mondays  
**Time:** 2.00 - 3.30pm      of each month  
**Venue:** Adams Street, Mudgee  
**Terms:** [Short Terms] 1, 2, 3, 4

The historical events surrounding the lives of The Bab and Baha'u'llah, founders of the Baha'i Faith.

# Tuesday



## MICROBIOLOGY

**Presenter/Leader:** Iain Stevenson      Ph: 6373 5490  
**Start Date:** 1st February      WK  
**Time:** 9.00am - 11.00am  
**Venue:** Adams Street, Mudgee  
**Terms:** [Long Terms] 1 & 2

Looking at the interaction of microbes with humans, animals and plants

## QI - GONG

**Presenter/Leader:** Eunice Marskell      Ph: 6372 0528  
**Start Date:** 8th February      WK  
**Time:** 11.30am - 12.30pm  
**Venue:** Club Mudgee, Mudgee RSL  
**Terms:** [Short Terms] 1, 2, 3, 4

This relaxing form of Chinese exercise will help you retain flexibility. It involves the use of gentle movements, stretches, meditation and posture to help you relax.

## STORAGE, DISPLAY & CARE OF OLD DOCUMENTS

**Presenter/Leader:** Colin Jones      Ph: 6372 1161  
**Start Date:** 3rd May      FT: 1st & 3rd Tuesdays  
**Time:** 11.30am - 1.30pm      of each month  
**Venue:** 69A Mortimer Street, Mudgee  
**Terms:** [Long Term] Term 2 only

Skills to help you preserve your treasured paper and photo based documents and pictures. Some material costs will be involved.

# Tuesday

## INDOOR FUN & GAMES

**Presenter/Leader:** Andrea Sauerbier Ph: 6372 3670  
**Start Date:** 1st February FT: 1st & 3rd Tuesdays  
**Time:** 1.30pm - 3.30pm of each month  
**Venue:** Mudgee Nursing Home, Denison Street  
**Terms:** [Short Terms] 1 & 4

Keep your brain active with board games, card games, puzzles, jokes and stories.

## MAH-JONG FOR BEGINNERS

**Presenter/Leader:** June Ritar Ph: 6373 7793  
**Start Date:** 1st February WK  
**Time:** 2.00pm - 3.30pm  
**Venue:** Pioneer House, Court Street, Mudgee  
**Terms:** [Long Terms] 1, 2, 3, 4

Mah-jong is a Chinese game played with tiles, very similar to Gin Rummy. It is really good fun.

## WRITING FOR FUN

**Presenter/Leader:** Nancy Maddalena Ph: 6373 3342  
**Start Date:** 1st February WK  
**Time:** 2.00pm - 4.00pm  
**Venue:** Adams Street, Mudgee  
**Terms:** [Long Terms] 1, 2, 3, 4

This should be a great way to spend an afternoon

## RON'S FILMS

**Presenter/Leader:** Vera Hamm Ph: 6372 7072  
**Start Date:** 1st February WK  
**Time:** 2.00pm - 5.00pm  
**Venue:** Pioneer House, Court Street, Mudgee  
**Terms:** [Long Terms] 1, 2, 3, 4

Spend an enjoyable afternoon with others at the movies.  
(50c per week for afternoon tea)

# Wednesday

## BRIDGE FOR BEGINNERS

**Presenter/Leader:** Guy Kemp Ph: 6373 5358  
**Start Date:** 2nd February WK  
**Time:** 9.30am - 11.00am  
**Venue:** Adams Street, Mudgee  
**Terms:** Term 1 ONLY

Members will need to purchase a copy of "Bridge for Beginners" by Ron Klinger. This class will require a **minimum** of 12 members to run.

## WHAT I'VE BEEN READING THIS MONTH

**Presenter/Leader:** Dorothy Munns Ph: 6372 0839  
**Start Date:** 2nd February M: 1st Wednesday  
**Time:** 9.30am - 11.00am of each month  
**Venue:** 2 Denison Street, Mudgee  
**Terms:** [Long Terms] 1, 2, 3, 4

Come along and tell us in a few minutes the pros and cons of something you have read in the past month, followed by class discussion.

## HAND BELLS

**Presenter/Leader:** Lee Paine Ph: 6372 2512  
**Start Date:** 2nd February WK  
**Time:** 10.00am - 11.30am  
**Venue:** Uniting Church Hall, Mortimer St, Mudgee  
**Terms:** [Long Terms] 1, 2, 3, 4

No need to read music - numbers are used. Starters welcome!  
Members pay a small weekly charge to cover hall hiring fees.

## NUMEROLOGY

**Presenter/Leader:** Merrilyn Vaisey Ph: 6372 0980  
**Start Date:** 2nd February FT: 1st & 3rd Wednesdays  
**Time:** 12.30pm - 2.00pm of each month  
**Venue:** Adams Street, Mudgee  
**Terms:** [Long Terms] 1, 2, 3, 4

**20 members only.** Learn how to put your own chart together and what it all means. Find out how your name and birth date affect your life.

# Wednesday

## PAINTING WITH WATER COLOURS

**Presenter/Leader:** Thelma Beechy    **Ph:** 6372 3432  
**Start Date:** 2nd February    **WK**  
**Time:** 2.00pm - 4.00pm  
**Venue:** Pioneer House, Court Street, Mudgee  
**Terms:** [Long Terms] 1, 2, 3, 4

Art increases your vision.

## FAMILY HISTORY RESEARCH

**Presenter/Leader:** Sandy Smith    **Ph:** 6372 1244  
**Start Date:** 9th February    **FT:** 2nd & 4th Wednesdays  
**Time:** 2.00pm - 4pm    **of each month**  
**Venue:** BEC, Town Hall Arcade, Mudgee  
**Terms:** Term 1 ONLY

**Maximum of 8 members.** \$8 per session payable to BEC.

Basic computer skills are essential. This course will show how to do the research using the internet and data bases to locate information.

## LIFE STORY MEANINGS

**Presenter/Leader:** Jane Mersing    **Ph:** 6372 6453  
**Start Date:** 3rd August    **WK**  
**Time:** 2.00pm - 3.00pm  
**Venue:** Mudgee Nursing Home, Denison Street  
**Terms:** Term 3 ONLY

**Maximum of 8 members.** Enrich yourself and others by sharing your life story. Review your life's experiences in the light of today's knowledge.

## YOU & YOUR LAPTOP

**Presenter/Leader:** Mikelis Strikis    **Ph:** 6373 6435  
**Start Date:** 3rd August    **WK**  
**Time:** 2.30pm - 3.30pm  
**Venue:** Adams Street, Mudgee  
**Terms:** [Short Terms] 3 & 4 (term 4 repeats term 3)

**A maximum of 7 members in each class.** You will need a laptop with Windows XP, Vista or Windows 7 along with the power chord, mouse and other peripherals. A mobile connection to the internet is desirable but not essential if you are prepared to be without.

# Thursday

## TOURISTS' GUIDE TO ANCIENT GREECE & WORLD HISTORY

**Presenter/Leader:** David Fry                      Ph: 6372 0345  
**Start Date:** 3rd February                      WK  
**Time:** 9.00am - 10.30am  
**Venue:** Mudgee Nursing Home, Denison St, Mudgee  
**Terms:** [Long Terms] 1, 2 & 4

Lore and Legends of the Cradle of Western Civilisation

## THE ACCIDENTAL COUNSELLOR

**Presenter/Leader:** Jenny Bolton                      Ph: 6372 4818  
**Start Date:** 10th February                      WK  
**Time:** 9.00am - 11.00am  
**Venue:** Adams Street, Mudgee  
**Terms:** [Short Terms] 1 & 2

Learning and practising skills that may be useful in helping others in need - in volunteering, or with friends and family. Light hearted.

## COMPUTING FOR BEGINNERS PLUS

**Presenter/Leader:** Jack Hamm                      Ph: 6372 7072  
**Start Date:** 10th February                      WK  
**Time:** 9.30am - 11.30am  
**Venue:** BEC, Town Hall Arcade, Mudgee  
**Terms:** [Short Terms] 1, 2, 3, 4

**There are 8 places per term.** The content is repeated each term.  
\$8 per session payable to BEC

## LINE DANCING

**Presenters/Leaders:** Cheryl New                      Ph: 6372 3318  
Margaret Wilson                      Ph: 6372 2833  
**Start Date:** 3rd February                      WK  
**Time:** 10.00am - 11.30am  
**Venue:** Club Mudgee, Mudgee RSL  
**Terms:** [Long Terms] 1, 2, 3, 4

Get fit. Be patient. Bring a sense of humour. A great mood lifter.  
No partner required. Age no barrier.

# Thursday

## MATERIAL CRAFTS

**Presenters/Leaders:** Eunice Marskell Ph: 6372 0528  
Jacqui Price Ph: 6372 9667  
**Start Date:** 3rd February WK  
**Time:** 10.30am - 12.30pm  
**Venue:** Mudgee Nursing Home, Denison St, Mudgee  
**Terms:** [Long Terms] 1, 2, 3, 4

Craft, crochet, knitting, sewing, embroidery, quilting-cum-chat group

## BOOK GROUPS

**Presenters/Leader:** Pamela Dove Ph: 6372 9312  
**Start Date:** 10th February 2nd Thursday each month  
**Presenter/Leader:** Judith Darling Ph: 6372 3316  
**Start date:** 24th February 4th Thursday each month  
**Time:** 2.00pm - 3.30pm  
**Venue:** Mudgee Library, Market Street  
**Terms:** [Long Terms] 1, 2, 3, 4

An opportunity for those who enjoy reading to meet each month to discuss the selected book for that month. Borrowing Fee: \$3 per book

## CLASSICAL MUSIC

**Presenter/Leader:** Taffi Prior Ph: 6374 1498  
**Start Date:** 10th February FT: 1st & 3rd Thursday  
**Time:** 2.00pm - 4.00pm of each month  
**Venue:** Adams Street, Mudgee  
**Terms:** [Short Terms] 1, 2, 3, 4

Appreciate the social history and background of other Arts influencing composers as we enjoy their classical music. **A contribution of \$15 for the year's notes will be payable at enrolment.**

## FREE COMPUTER SOFTWARE

**Presenter/Leader:** Jack Hamm Ph: 6372 7072  
**Start Date:** 10th February WK  
**Time:** 2.30pm - 4.30pm  
**Venue:** BEC, Town Hall Arcade, Mudgee  
**Terms:** [Short Terms] 1, 2, 3, 4

**There are 8 places per term.** Get 100% discount on all your software. Repeated each term.

# Friday

## FOLK ART

**Presenter/Leader:** Fay Quirk **Ph: 6373 3751**  
**Start Date:** 4th February **WK**  
**Time:** 10.30am - 1.00pm  
**Venue:** Adams Street, Mudgee  
**Terms:** [Long Terms] 1, 2, 3, 4

The keen members of this class are producing some beautiful work and will happily share their skills with you.

## CHESS

**Presenter/Leader:** Ann Burrows **Ph: 6372 6599**  
**Start Date:** 4th February **FT: 1st & 3rd Fridays**  
**Time:** 2.00pm - 4pm **of each month**  
**Venue:** Adams Street, Mudgee  
**Terms:** [Long Terms] 1, 2, 3, 4

Enjoy a fortnightly friendly game with like minded people. If you have a chess set please bring it to class. Beginners welcome.

## POPULAR MUSIC FORUM

**Presenter/Leader:** Grant Stahl **Ph: 6374 1138**  
**Start Date:** 11th February **FT: 2nd & 4th Fridays**  
**Time:** 2.00pm - 3.30pm **of each month**  
**Venue:** Adams Street, Mudgee  
**Terms:** [Long Terms] 1, 2, 3, 4

Gives every class member time to present their favourite popular music of any genre.

## CRICKET APPRECIATION

**Presenter/Leader:** Kevin Pye **Ph: 6372 0006**  
**Start Date:** 4 sessions ONLY **4th/18th February**  
**4th/18th March**  
**Time:** 2.00pm - 3.30pm  
**Venue:** Pioneer House, Court Street, Mudgee  
**Terms:** Term 1 ONLY

Enhance your knowledge of cricket and enjoy your favourite sport even more.

## Friday

### WRITING & READING TRADITIONAL RHYMING VERSE

**Presenter/Leader:** Kevin Pye                      Ph: 6372 0006  
**Start Date:** 4 sessions ONLY 6th/13th/20th/27th May  
**Time:** 2.00pm - 4.00pm  
**Venue:** Pioneer House, Court Street, Mudgee  
**Terms:** Term 2 ONLY

Learn the intricacies of writing poetry from a published writer.

## Saturday

### ANDREA'S TOWN & COUNTRY WALKS

**Presenter/Leader:** Andrea Sauerbier Ph: 6372 3670  
**Start Date:** To be advised  
**Time:** Approx 2 hours from 10.00am - 12.00pm  
**Venue:** Meet in Lovejoy Street  
**Terms:** Terms 2 & 3 ONLY

Enjoy some pleasant walks exploring our lovely town and countryside and going to places you may not have visited before. Registered members will receive the programme of walks nearer the time.

## and more .....

### HORSES, MATES & NATURE

**Presenter/Leader:** Jane Mersing                      Ph: 6373 6453  
**Start Date:** TBA  
**Time:** TBA  
**Venue:** TBA  
**Terms:** Terms 2 & 3 ONLY

Do you have a horse? Would you be interested in Trail Riding? For this activity to happen Jane would like to hear from you.

Alternatively contact Ann Burrows, Course Co-ordinator on 6372 6599

**2nd Edition 2011**

Compiled by Ann Burrows  
Published by David Price  
Mudgee District U3A  
PO Box 469, Mudgee  
[www.mudgeedistrictu3a.org.au](http://www.mudgeedistrictu3a.org.au)

Printed by Lynx Printing Service,  
9 Industrial Avenue, Mudgee.  
Tel: 6372 1812



THE UNIVERSITY OF THE THIRD AGE